

THE SPASTICS SOCIETY OF TIRUCHIRAPALLI

No.5, Revival Nagar, Ramalinga Nagar South Extension,
Vayalur Road, Trichy- 620017

We are very glad to present this Annual Report for the year April 2019 – March 2020, highlighting the important activities in the center during this one year period.

At the Spastics Society of Tiruchirapalli (SST), we prioritize our needs and value the services considering the factors listed below.

- At SST- People Matter!
- SST prioritizes and provides respectful, safe and secure environment for its service users
- SST's service departments are committed in providing optimal opportunities for learning and development, regardless of the degree and severity of disabilities of the service users
- SST encourages and emphasizes the involvement of persons with disabilities in the struggle for inclusion, equal rights and opportunities
- SST promotes holistic approach that recognizes the critical importance of physical and emotional well being and the role of family members in the overall progress of the persons with disabilities
- SST provides opportunities for professional development to its multi-disciplinary staff
- SST values every child and adult with disabilities and celebrates individual successes

OUR MISSION

- Our focus is to provide accessible, affordable and appropriate range of high quality habilitation services for children and adults with CP and other disabilities.
- Our aim is to provide self-development opportunities to the disabled, in order to enable them to live with dignity and be considered as equal citizens of India.
- Our commitment is to change for the better, the lives of the disabled.

EXECUTIVE COMMITTEE

The following members continue to function as office-bearers and EC members

1. Mr. P.M.Shafi	-	President
2. Mr.V.Vasudevan	-	Vice-President
3. Mr. M.Subramanian	-	Secretary
4. Dr.Kingsley P.Jebakumar	-	Joint-Secretary
5. Mr. K.Thiruneelakandan	-	Treasurer
6. Prof.Dr.S.Prabakar Immanuel	-	E.C.Member
7. Mrs. Gowri Bhaskaran	-	E.C.Member

8. Mr. N. Venkatramani - E.C.Member
9. Mr. M. Muruganandam - E.C.Member

The Executive Committee meets periodically to review the activities. All the Executive Committee members have shown keen interest in the growth and development of the Society.

AUDITING OF ACCOUNTS

Auditing of Accounts is done by M/S. G. Ramesh Kumar & Co., Trichy. We thank Mr. G. Ramesh Kumar, Mr. S. Sridhar, and Mr. R. Naresh Kumar, Chartered Accountants for the professional services they have been rendering to us all these years.

RECEIPTS	PREVIOUS YEAR 2018 - 2019		CURRENT YEAR 2019 - 2020	
	BREAK UP	TOTAL	BREAK UP	TOTAL
Opening Balance: Cash / Bank		---		35,18,693
CBM India Trust		10,47,795		---
Donations		38,75,763		※ 47,70,670
Parents Contributions		5,50,250		7,53,850
State Government Projects :		37,61,161		28,51,778
Feeding Grant	7,83,000		4,86,000	
Early Intervention Centre	9,36,368		9,38,226	
Staff Honorarium	12,57,793		10,49,552	
House Rent	7,56,000		3,78,000	
Training Programme	28,000		---	
RCI Course : Fees / Mess		2,16,270		4,61,171
RCI Training Programme		---		93,900
Vocational Stream :		2,94,005		2,38,318
Jute Products	--		36,052	
Files	138430		1,21,985	
Sundry Sales	155575		80,281	
Sundry Receipts		6,320		6,290
SST Masala Contribution		3,00,000		2,09,890
SST Masala Loan		6,46,730		--
SST Masala account adjusted		---		3,00,000
TOTAL		1,06,98,294		1,32,04,560

※ It includes meals sponsorship amounting to Rs. 7,59,490 received in the Branches.

EXPENDITURE	PREVIOUS YEAR	CURRENT YEAR
	2018-2019	2019 – 2020
Salaries	54,35,289	64,67,413
Rent	4,19,200	4,38,900
Electricity	1,82,376	1,66,679
Transport / Travel Expenses	80,702	67,599
Administration	2,24,312	1,58,527
Boarding Expenses	13,89,357	14,52,648
Physiotherapy : Aids & Appliances	28,500	----
Building Maintenance	----	2,71,318
Vocational Training Expenses	1,17,615	1,38,526
Spasti Masala	----	8,56,708
Sensitization Programme	32,026	----
Sundry Expenses	1,66,060	25,2576
RCI Course Exp.	----	1,19,291
CRE Programme/ Computer Lab	96,737	1,62,425
CBM - NIOS / Capacity Building	2,92,857	1,35,493
CBM - Administrative Expenses	1,08,902	90,022
State Govt. EIC	-----	39,029
Closing Balance	-----	23,87,406
TOTAL	85,73,933	1,32,04,560

“I shall pass through this world but once. Any good therefore that I can do or any kindness that I can show to any human being, let me do it now. Let me not defer or neglect it, for I shall not pass this way again.”

Donor who contributed Rs. 5,00,000

Dr. S. Kalyani, President, Annai Ashram, Trichy donated a sum of Rs. 5 Lakhs towards sponsoring a block in memory of her parents.

Donors who contributed Rs. 1,50,000

Mr. R. Balasubramanian, Bangalore,
Mr. R. Shanmugasundaram, Chennai,



Donors who contributed Rs. 1,00,000 or more

Mr. Clement Vinoth Samuel, Mr. K.R. Sureshkumar, Mr. Muthukumar, Thuraiyur
Mr. S.N. Seethapathy, Mr. Nanthakishore, M/s. Wise Child, Sweden,

Donors who contributed Rs. 75,000 or more

Mr. S. Sampath, Velmurugan Heavy Engineering Industries,
Go Global, Curtin University, Australia

Donors who contributed Rs. 50,000 or more

Mrs. Gowri Bhaskaran Mr. Thiruneelakandan Mr. M. Muruganandam
Mr. Augustine Ponraj Mr. Edward Manickam, USA
M/s. Rail Karangal Trust, Lalgudi

Donors who contributed Rs. 25,000 or more

Dr. L. Krishnan, Mrs. C.S. Usha Rani, Ms. K. Karuniya
Mr. Wilson Moses Ms. M. Sarathambal Mr. Hitler
Mr. S. Vikaraman Mr. C. Shanthakumar Mr. J. Jayakodi
Mr. V. Jayachandran

Donors who contributed Rs. 15,000 or more

Ms. Arthi Kumar Dr. Amali Jaya Mr. Sathish Venkatachari
Mr. R. Ravikumar Mr. Robert Ravikumar Mr. Sknda Kumar
Ln. P. Nadasikamani Lions Nursing Home Mr. R. Balaji

Sri Vignesh Nevetha Associate

We offer our profound appreciation & thanks to the donors for their very generous help & support.

Meals Sponsorship Programme : Rs. 3000/- Per Lunch

Child Sponsorship Programme : Rs. 5000/- Per Child Per Year

PROGRAMMES OF THE SPASTICS SOCIETY OF TIRUCHIRAPALLI

EARLY INTERVENTION CENTRE

In the Early Intervention Centre, children with CP below 6 years of age are admitted. It functions in two sessions where Sensory Integration Therapy method is being followed.

DAY CARE PROGRAMME

Children with CP between 6 and 20 years of age are admitted in this programme where Holistic Approach is being followed.

HOME MANAGEMENT PROGRAMME

It is home-based programme in which parents from far off places bring their children for assessment and programming.

RURAL HABILITATION CENTRES

In the Rural Habilitation Centres situated at Musiri, Lalgudi, Thuraiyur, and Manaparai, the children are trained in accordance with the environment prevailing in the villages and child's individual living situation.

NEWBORN SCREENING

We do screening and assessment of newborn babies at the Department of Pediatrics, Government Hospital, Trichy. High risk babies are provided with basic stimulations, early intervention and follow up services.



VOCATIONAL TRAINING CENTRE

Young adults with CP are being trained in vocational skills and employability skills under the livelihood programme. They work in File making unit, Jute products unit, Doormat unit etc., getting trained in making quality items which are given for sale.

SST MASALA UNIT

This is a unique venture in which parents of children with CP are directly engaged in the production & supply of masala powders. The unit functions in Crawford Colony producing at an average of 2 tons of masala powders



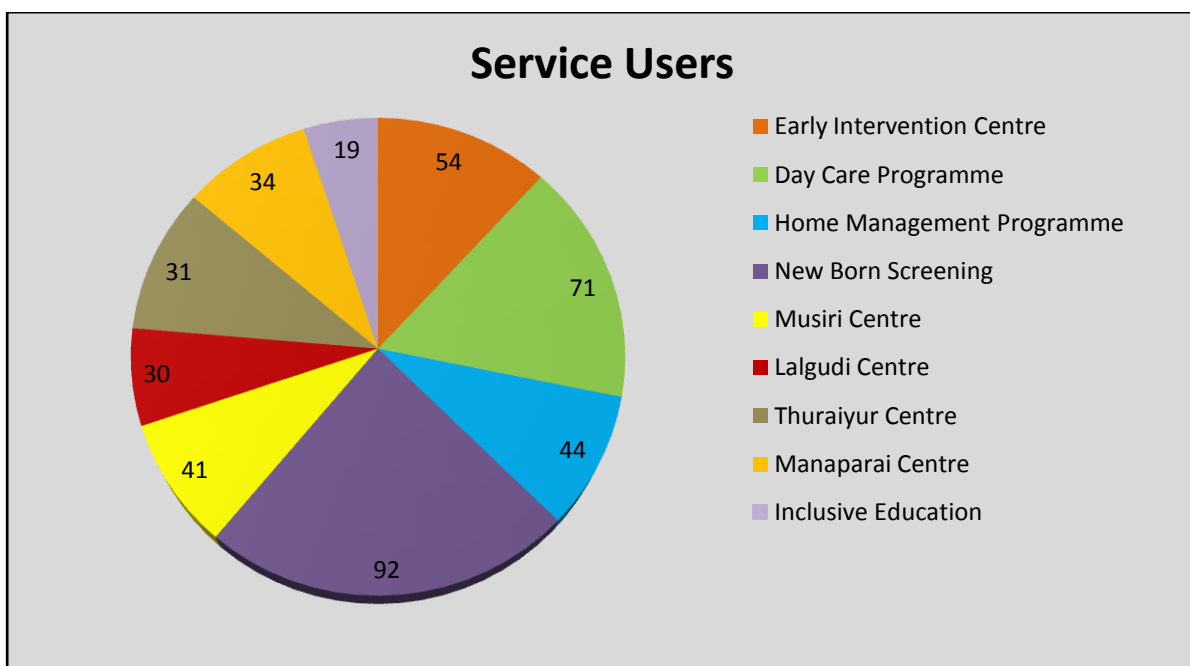
per month, bringing out 18 different kinds of masala powders such as sambar powder, coriander powder, chilli powder etc. The tasty masalas coming out in colourful packets are in pure quality with absolutely no adulteration!

D.ED SPECIAL EDUCATION COURSE

A two-year diploma in special education course with specialization on Cerebral Palsy is being offered for students who have completed 12th standard and aspire to work as special educators in the field of rehabilitation for the disabled. This course is recognized by Rehabilitation Council of India (RCI), New Delhi. A total of 13 students have joined in the current academic year.

SERVICE USERS 2019 - 2020

TOTAL NUMBER 416



TRAINING PROGRAMMES CONDUCTED AT SST

- We provided training on identification, causes, treatment and prevention of childhood disabilities to 681 anganwadi workers working under ICDS in Musiri, Lalgudi, Thuraiyur, Pullambadi and Manachanallur Blocks.
- A two-day National Conference on Cerebral Palsy was organized in collaboration with NIEPMD, Chennai for the benefit of Special Educators, Therapists and Rehabilitation Professionals on 5th & 6th March 2020. The inaugural address of the conference was given by Dr. Samson Daniel, Senior Orthopedic Surgeon and valedictory addressed was given by Mr. R. Ravichandran, DDAWO, Trichy. During this two-day conference, 14 key topics were covered by eminent Resource Persons. A total of 87 participants from all over the state attended this conference.



SEMINARS/ WORKSHOPS ATTENDED BY THE STAFF

- A two-day *“Training programme on teaching individuals with ID – Praxis & Challenges”* organized by the Department of Mental Retardation, Ramakrishna Mission, Coimbatore was attended by Ms. Joice Vennila & Ms. Suganya, Special Educators.
- *“Workshop on Yoga & Nutrition for Disability Management”*, organized by Department of Nutrition & Dietetics, Seethalkashmi Ramasamy College, Trichy was attended by Mr. B. Balachandar, Ms. Jayasri, Physiotherapists and Ms. Malathi, Special Educator.

- *“Child Abuse & Child Protection”* was the topic of the programme organized by ICDS for the benefit of special educators. Ms. Amutha & Ms. Sasikala, Special Educators attended the programme.

PARTICIPATION AS RESOURCE PERSON

- Ms. Gnanaselvi, Special Educator participated as a Resource Person in a CRE Programme organized by KP Trust, Dindugul and spoke on *“Vocational Training for the Disabled”*, in which 50 participants attended.



- Ms. A. Vasuki Devi, Course Coordinator participated as a Resource Person in a Seminar organized by Sathya Special School, Pondicherry. She spoke on *“Applying Multi Sensory Approach in Teaching Children with Special Needs.”*
- Ms. C. Joice Vennila, Special Educator also participated as a Resource Person in the same Seminar organized by Sathya Special School, Pondicherry. She addressed the gathering on *“Intervention Techniques using Multi Sensory Approach in Treating Children with CP, ADHD & Autism with case Illustration”*.
- Mr. C. Shanthakumar, Director, spoke on *“Vulnerabilities Across the Life Course of Persons with Disabilities, highlighting Areas of Health, Education, Employment & Social Support”* in a training programme organized by Dolphin Special School, Trichy.
- Ms. Gnanaselvi, Special Educator spoke on *“Identifying the needs of non verbal children with MR, CP, ADHD”* in a CRE Programme held at Dolphin Special School, Tanjore.
- Mr. C. Shanthakumar, Director participated as a Resource Person in the programmes listed below.

Date	Topic	Organized by	Participants
17 May 2019	Character Building among the school going students.	Sharon Trust	22 students
12 July 2019	Role of Rehabilitation Professionals	Department of Rehabilitation Science, Holy Cross College	90 students.
19 November 2019	Inclusive Education	Dept of Women Studies, Bharthidasan University	30 College Professors
1 December 2019	Job Placement opportunities for persons with Intellectual Disability	IECD Dept. Bharthidasan University	100 Parents of Persons with Disabilities.
8 January 2020	Role of Social Workers in NGO Sector	Dept. of Social Work, Cauvery College,	100 Participants.

STATE ADVISORY BOARD

State Advisory Board Meeting on disabilities conducted by Special Commissioner for the Welfare of the Differently Abled was attended by Mr. C. Shanthakumar, Director, held at the Secretariat, Chennai on 1st November 2019.

EXPERT COMMITTEE MEETING

An Expert Committee Meeting to discuss on the design of the Corner Seat to be made & distributed to children with CP was held at the office of State Commissioner for Differently Abled, Chennai on 6 January 2020, attended by Mr. C. Shanthakumar.

NATIONAL TRUST

- A total of 51 Guardianship Certificates were issued by the Local Level Committee



of Tiruchirapalli in which SST is the Institutional Member.

- State Level Meet on the schemes of the National Trust organized by Rucode was held at Madurai in which Ms. E. Gnanaselvi, Special Educator attended.
- National Trust Meet on Digital Technology organized by Rucode and held at Kanniyakumari was attended by Ms. Gnanaselvi, Ms. Susan, Special Educators.

PARENTS MEETINGS

Date	Topic	Resource Person	Participants
26.07.2019	Management of First Aid	Ms. Malathi, Special Educator	21 Parents
29.07.2019	Importance of Positioning & Visual Stimulation Exercises	Ms. Vasanthi, Physiotherapist Ms. Amutha, Special Educator	34 Parents
29.08.2019	Importance of Neuro Developmental Therapy	Ms. Karthigaiselvi Physiotherapist	19 Parents
11.03.2020	Stress Management	Mr. S. Thiruvikraman, Correspondent, Sri Vidya Mandir School, Thuraiyur	30 Parents
18.02.2020	Job Opportunities for persons with disabilities in Self Employment Ventures in the Rural Areas.	Mr. R. Ravichandran, District Differently Aabled Welfare Officer, Trichy.	60 Parents



PARENTS GET-TOGETHER

We organized a get-together of parents in order to make them participate, enjoy and celebrate in social gathering. Ms. Samrutha's parents were the welcome host in which 10 parents and 6 staff members could participate and experience the joy of social gathering in their house at K. K. Nagar, Trichy. This was held on 2nd April 2019.

FIELD TRIPS

21 children along with their mothers attending Early Intervention Centre were taken for a one-day picnic to Chittanavasal, Thirumayam, Pudukottai District.

VOCATIONAL TRAINING PROGRAMME

The details of products that we made in different vocational training units are as follows.

- File Making Unit: We were able to produce & supply a total of 10,200 files at a total cost of Rs. 1,21,985/-. Our regular customers for whom we supplied more than 2000 files in this year are –



- Gitanjali Medical Centre
 - Retna Global Hospital
 - Sree Paduka Speciality Hospital
- Jute Product Unit : We were able to make products made out of jute material which were given for sale at a total cost of Rs. 36,052/-. The articles that were sold in this year are –
- Pouch – 187 Pieces
 - Purse – 438 Pieces
 - Bag – 119 Pieces
 - File - 7 Pieces

- Doormat Unit : This unit has been functioning at our Musiri Centre. Two persons with disabilities along with parents & staff have been trained in the making of doormats which are being sold @ Rs. 30/- per piece.



Around 200 doormats have been made and supplied to regular buyers.

ACADEMIC ACHIEVEMENT

A total of 41 students pursue regular mainstream education through Inclusive Education setup. Out of these, 4 students appeared for 12th standard, 2 students appeared for 8th standard and 1 student appeared for 10th standard public examination held in the month of March 2020 and have successfully passed out with good marks.

JOB PLACEMENT

- Master Ramaraj, a person with CP had been attending our Musiri Centre for more than 15 years. He has now completed his 10th Std. and subsequently a petty shop was started at his native place, Vadukapatti in Musiri Taluk. He is managing it well.
- Master. Sebastin Nirmal, a person with CP, who had been attending our Lalgudi Centre, was helped in starting a petty shop with a donation of Rs. 10,000/- provided by CCM, a Charitable Trust in Chennai.

SPORTS & GAMES

- Every year we organize indoor cricket tournament for children with CP at this Centre. This is being organized in part of the celebration connected with International Day of Persons with Cerebral Palsy. This particular tournament is being conducted as Inter-Centre Tournament involving children from all our branches. The participating teams were –

- Trichy - Little Master
- Trichy – Super Kings
- Musiri – Spiders
- Lalgudi – Lions
- Thuraiyur – Tigers
- Manaparai – Bulls



Trichy Super Kings were the winners and Manaparai Bulls, the runner up team. The prizes were distributed by Mr. R. Ravichandran, DDAWO, Trichy.

- Boccia Game : It is a precision ball sport, original designed to be played by people with CP but now includes athletes with severe disabilities affecting motor skills. Our children were trained in Boccia Game by the volunteers of Ektha, Chennai. Five of our children even participated in the regional level Boccia competition held in Chennai.



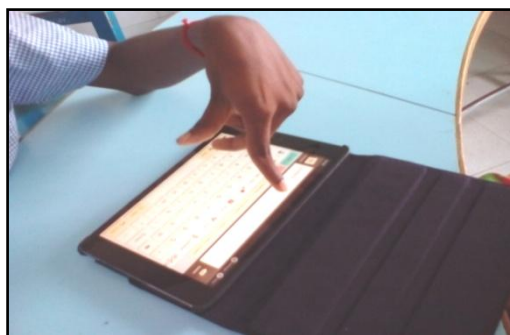
AIDS & APPLIANCES

We regularly receive aids & appliances from the District Differently Abled Welfare Office, Trichy. They supply us with CP Chair, Rollator, Walker, Wheelchair, etc. Apart from this, we received the following -

- 5 specially designed wheelchairs were donated by the students of Curtin University, Australia.
- In a Medical Camp held at Musiri, a total of 15 pairs of Ankle Foot Orthosis (AFO) were supplied to children who have foot deformity problem.



- 4 Specially designed communication boards, AVAZ were distributed for the use of children in our rural centres by District Differently Abled Welfare Office, Tiruchirapalli.



AWARENESS PROGRAMME

Awareness programmes on disabilities were held at Sokkanathapuram Village in Thuraiyur Taluk, Kunnathur Village in Nagamangalam Taluk and Assur Village in Thuvakudi with the help of Social Work students from local colleges.

As part of the awareness programme, we also organized handwork exhibition cum sale in our rural centre at Manaparai. This has not only helped us in displaying the products, but also in projecting the abilities of the disabled.



The sale fetched us an Income of Rs. 15,250/-.

MEDICAL CAMP

Three Medical Camps were conducted during this one year period. The details are –

Date	Nature of Camp / Place	Organized by	Beneficiaries
27.09.2019	Eye Camp at Trichy Centre	Joseph Eye Hospital	94 Children
24.02.2020	Eye Camp at Thuraiyur Centre	Joseph Eye Hospital	29 Children
25.02.2020	Dental Camp at Trichy Centre	Kauvery Hospital	110 Children



FIELD WORK TRAINING/ INTERNSHIP TRAINING BY THE STUDENTS

- Social Work students doing MSW Course – 5 Students
- Physiotherapy students doing BPT Course – 50 Students
- Rehabilitation Science students doing B.R.Sc Course – 21 Students
- Speech Therapy students doing BASLP Course – 21 Students

Apart from the students who have come for practical training as listed above, a total of 306 students from various colleges in Trichy have also visited this organization as part of the observation visit to know about the condition of Cerebral Palsy and the nature of services being offered for them.

INTERNSHIP TRAINING FOR STUDENTS FROM AUSTRALIA



A total of 30 students doing Para Medical Courses like Physiotherapy, Occupational Therapy, Pharmacy, Nutrition & Dietetics from Curtin University, Perth, Australia underwent one-month Internship Training in two batches during this period. They undertook projects

like mural - wall painting, nutrition & special diet, low cost sensory board, modified materials for training of Activities of Daily Living skills, epilepsy management etc.

The wall painting work done on the side walls of the ramp, depicting the underwater marine life



with fishes, dolphin, mermaid etc. has beautified the surroundings, giving a complete facelift to the lobby area.

FUNCTIONS & CELEBRATIONS

- Painting & Drawing Competition was conducted on Childrens' Day, sponsored by Round Table NO.54.
- Fancy Dress Competition was conducted on Gandhi Jayanthi Day, sponsored by Lions Club of Tiruchirapalli.
- Annual Christmas Programme was held on 21st December 2019.
- Rangoli competition was conducted for Pongal Celebration.
- Teachers Day Programme was organized at Trichy Centre in which two staff – Ms. Amutha, Special Educator and Ms. Fathima Mary, Developmental Educator were honored with Best Teacher Award.
- Donors Meet was organized in Trichy Centre to acknowledge the contribution of donors and elicit their suggestion & feedback on fundraising & sustainability.



NEWS FROM THE BRANCHES

MUSIRI CENTRE

- Ms. Navamani who worked here as Developmental Educator for nearly 30 years resigned the job due to health reasons and Ms. Nagalakshmi has joined as Special Educator.

- The students of Curtin University from Australia visited the Centre and cleaned the entire campus. They also provided a Sensory Board with visual, auditory and tactile items to be used for sensory stimulation purpose.



LALGUDI CENTRE

- The Annual Day Programme of our Lalgudi Centre was held on 27 February 2020 in which Dr. P. Chezhiyan, Chief Civil Surgeon, Govt. Hospital, Lalgudi participated as a Chief Guest. The photo shows the view of audience at the programme.



- Master. Kishore, a child with CP was assessed by our Consultant Orthopedic Surgeon and advised to go for a surgery to reduce flexion tightness in the joints. He was again helped by a donor in Lalgudi who contributed Rs. 17,000/- towards meeting the surgery cost.
- Rail Karangal Trust continues to sponsor grocery items every month by donating Rs. 6000/- per month.

THURAIYUR CENTRE

- Master. Ravichandran has completed 10th standard.
- Mr. Bhaskaran donated a Refrigerator worth Rs. 15,000/- to the Thuraiyur Centre.

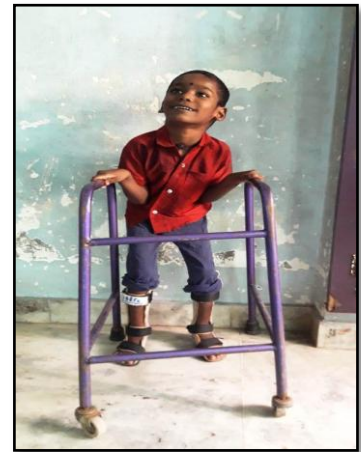
- An awareness programme on disabilities was conducted at Sri Vidya Mandir Matriculation School in which over 2000 students participated. Our children at Thuraiyur Centre gave a cultural programme which was well appreciated by all.



- Two walkers for mobility training were donated by a staff of LIC Thuraiyur Branch.
- Dr. Samuel Devakumar conducted Medical Checkup and distributed medicine free of cost.

MANAPARAI CENTRE

- The following children with CP have developed independent mobility by walking through rigorous physiotherapy training given at the centre.
 - Master. Pranav – 12 years, spastic diplegic type of CP
 - Master. Balasubramanian – 14 years, spastic diplegic type of CP
 - Master. Abinesh – 4 years, Delayed Developmental Milestone



We could see smile on the faces of the children and joy in the hearts of the parents.

- Master. Divakar and Master. Manikandan completed 12th standard. Master. Divakar has joined B.Com in National College, Trichy.
- Lourdh Annai Alayam, Manaparai donated us with Special Education Teaching Materials worth of Rs. 10,000/- for the use of children at the Centre.

THE STAFF

- The members of the staff are 41 in all the five centers. Of these, four are physiotherapists, eleven special educators, one speech therapist and one vocational training instructor. The staff members discharge their duties with commitment, competence and compassion for the welfare of children and their parents under our care.

MEDICAL CONSULTATION SERVICES

The following doctors provide medical consultation for children with Cerebral Palsy at this Centre.

- Dr.Kingsley P.Jebakumar - Consultant Pediatrician
- Dr. Hemalatha S.David - Consultant Pediatrician
- Dr. Chockalingam - Consultant Orthopedic Surgeon
- Dr. Sundararajan - Consultant Neurologist
- Dr. Rajasekran - Consultant Neurologist

We thank them for their professional medical support.

EXTRACT FROM VISITORS NOTE

It has been such a wonderful experience working and learning from the staff and students at the Spastics Society. You have all been so wonderfully inviting and so willing to share your time to help us with our projects. The Spastics Society is such an amazing organization working so hard to give disadvantaged children skills and opportunities. Thank you so much.

Abbie Reilly & Caylah Batt, Dietitian Students,
Curtin University, Australia.

We thank you wholeheartedly for inviting us to this very special Society. We were impressed by the dedication, commitment and skill of the staff at Spastics Society. We were particularly grateful for the sharing of knowledge provided by the physiotherapy staff at Spastics Society and appreciate the time they have spent with us.

Phoebe Robutsan, Kajal Kirpilani, Riley Lange, Physiotherapy Students
Curtin University, Australia

CONCLUSION

So we have had an eventful year which we can look back upon with sincere gratitude to the **One** without whose guidance and help, no mere human endeavor can hope to succeed. With the assurance of divine support manifested in the past, we can look forward with confidence to brighter future for our work with these little ones.